

I M P O R T A N T - Roller Skating in Physical Education

Dear Townline Elementary and School of Dual Language Parents,

Beginning on April 21th our Physical Education Classes (**grades 2-5**) will be involved in an in-house roller skating program. Skating is a "life time sport" that enhances balance, coordination, agility and other motor skills. This wonderful form of exercise can either be aerobic and/or anaerobic.

The skates have soft and safe wheels designed for indoor use only; hence, no roller skates or rollerblades from home will be allowed.

We will be utilizing funds given to us by our PTO to help supplement some of the fee so we can keep the cost to **\$5.00** per child. The fee includes delivery and pick up of all equipment and skate-rental for approximately 8 days of roller skating. During the program, students will learn basic roller skating skills including forward & backward skating, turning-corners and stopping. A variety of other roller skating activities will also be offered.

In order to further provide your child with the safest environment possible, BR-Sports (our roller skating provider), has offered the children the use of helmets, knee, elbow and wrist guards - at no additional charge to you. All children participating in roller skating here at Townline/Dual **will and must wear this safety equipment**. Protective gear may be brought from home. Please make sure it is marked with the student's name. The student must be responsible for all their protective gear. If your child is borrowing a helmet, we are asking you to send a stocking cap or brimmed hat that your child can wear underneath the helmet for sanitary reasons. Helmets will be shared by all of the children who do not bring their own to use during the unit.

Please fill out the permission slip and other information below and return it to your child's homeroom teacher by Friday March 13th. It is very helpful if all payments are in the exact and correct dollar amounts. If you pay by check, please make it payable to Hawthorn District #73.

Thank you, Brendan O'Brien, Larry Watts, Jackie Richter, Denise Martin, and Victor Garcia

----- ✂ ----- PLEASE CUT HERE ----- ✂ ----- ✂ -----



YES, my child _____ may participate in this skating activity.

Homeroom _____

Parent signature _____

Home Phone _____

Work Phone _____



NO, my child _____ may not participate due to physical limitations.

Homeroom _____

Parent signature _____

Home Phone _____

Work Phone _____